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Somatheeram Ayurvedic Resort

Panchakarma – 7N

Somatheeram offers authentic and traditional Ayurveda healing programmes enhanced by our continuous research in the field. We have a team of 20 ayurvedic doctors and over 90 well-experienced therapists. To ensure the best results, 100% of the medicines used at Somatheeram are manufactured by us from medicinal plants that are grown organically in our gardens. For us, your experience and the high quality of the treatment are of equal priority.

Panchakarma – 7N

Single – Euro 1030

Double – Euro 1738

Panchakarma – 14N

Single – Euro 2060

Double – Euro 3477.

**** Please note - Rates are subject to adjustment based on prevailing market exchange rates at the time of invoicing**



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Somatheeram Ayurvedic Resort

Panchakarma – 7N

- ✦ Airport Transfer from Trivandrum International Airport
- ✦ Daily 01 Yoga and Meditation session
- ✦ Cultural programme
- ✦ Weekly 01 Ayurveda cooking demonstration
- ✦ Weekly 01 Ayurveda lecture class
- ✦ Ayurveda tour (visits of our herbal garden, Ayurveda shop with our doctor and translator)
- ✦ Language interpreters.

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