



# Sanjeevanam Ayurveda Hospital

## Weight Loss program - 14N

At Sanjeevanam Ayurveda, we offer a unique and holistic approach to weight loss through our Ayurvedic Weight Loss Program. This entirely natural method is designed not only to help individuals shed excess fat but also to address the underlying health issues often associated with weight gain. Our program emphasizes the importance of adopting a sustainable and healthy lifestyle, equipping participants with the tools they need to maintain their well-being long after completing the program.

**\*\* Please note - Rates are subject to adjustment based on prevailing market exchange rates at the time of invoicing**



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## Weight Loss program – 14N

Weight loss 14N:

Single – Euro 1990

Double – Euro 3158

Weight loss 28N:

Single – Euro 3651

Double – Euro 5891



### Inclusions:

- 🌿 Doctor's consultations.
- 🌿 Accommodation as per the category of rooms.
- 🌿 Two Ayurvedic treatments each day.
- 🌿 One session of physiotherapy & functional fitness each day.
- 🌿 One session of Yoga & Meditation.
- 🌿 Full board meals as per body constitution and ailments.
- 🌿 Oral Meditations during the stay.
- 🌿 Free Wi-fi

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