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Somatheeram Ayurveda Village

Psoriasis – 14N

The Psoriasis Treatment Programme at Somatheeram Ayurveda Village in Kovalam, Kerala, focuses on supporting skin health through traditional Ayurvedic therapies and personalised care. The programme may include physician-prescribed herbal treatments, medicated oils, external applications, dietary guidance and yoga, depending on the individual's skin condition and overall health. The treatment approach aims to help manage symptoms such as itching, dryness, redness and irritation while promoting overall well-being. The therapies and duration are determined following an Ayurvedic doctor's assessment. Psoriasis is a chronic condition, and Ayurvedic care should complement appropriate dermatological treatment rather than replace it.

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**** Please note - Rates are subject to adjustment based on prevailing market exchange rates at the time of invoicing**

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Somatheeram Ayurveda Village

Psoriasis – 14N

Cost:

Single – Euro 2499

Double – Euro 4189

Package Inclusions:

- **Accommodation in Standard Room A/C**
- **Ayurveda treatments**
- **Full-board Ayurvedic vegetarian meals**
- **Daily Yoga sessions**
- **Daily Meditation sessions**
- **Ayurvedic Diet**
- **Daily Examination**
- **Doctor's Consultation**
- **Pick up & drop from Trivandrum International Airport**
- **5% GST include**

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