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Shinshiva Ayurvedashram

Psoriasis -14N

The Psoriasis Treatment Programme at Shinshiva Ayurvedashram focuses on supporting skin health and managing psoriasis symptoms through a personalised Ayurvedic approach. Depending on the individual's condition and the Ayurvedic physician's assessment, the programme may include traditional herbal therapies, medicated oils, external herbal applications, dietary guidance and lifestyle modifications. The treatment aims to help manage symptoms such as itching, dryness, redness and skin irritation while promoting overall well-being. The treatment plan and duration are determined according to the severity of the condition and the individual's health needs. Psoriasis is a chronic skin condition, so Ayurvedic care should complement appropriate dermatological treatment.

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**** Please note - Rates are subject to adjustment based on prevailing market exchange rates at the time of invoicing**

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Psoriasis -14N

Cost:

Single – Euro 2002

Double – Euro 3384

Package Inclusion:

- **Accommodation in VEDA room**
- **One-time pick-up and drop from Trivandrum Airport**
- **Full-board diet as per the physician's prescription**
- **Full-board diet as per the physician's prescription**
- **Ayurveda treatments, including internal medicines and internal & external therapies**
- **Yoga sessions (except Sundays)**
- **Meditation sessions (except Sundays)**
- **Complimentary sightseeing after treatment (Trivandrum circle)**
- **5% GST include**

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