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Samroha Resort by Niraamaya

Psoriasis – 14N

The Psoriasis Treatment Programme at Samroha Resort by Niraamaya focuses on supporting skin health through a personalised Ayurvedic approach. Depending on the individual's condition and the Ayurvedic physician's assessment, the programme may include traditional herbal therapies, medicated oils, external applications, dietary guidance and lifestyle modifications. The treatment approach aims to help manage symptoms such as itching, dryness, redness and skin irritation while promoting relaxation and overall well-being. The therapies and duration are tailored to individual needs following a medical assessment. Psoriasis is a chronic skin condition, so Ayurvedic care should complement appropriate dermatological treatment rather than replace it.

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**** Please note - Rates are subject to adjustment based on prevailing market exchange rates at the time of invoicing**

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Samroha Resort by Niraamaya

Psoriasis – 14N

Cost:

Single – Euro 4956

Double – Euro 6504

Package Inclusion:

- Accommodation in a well-appointed room
- Daily 90-minute Ayurvedic therapy, administered by a trained therapist
- Daily 60-minute guided yoga session
- Personalized consultation with an Ayurveda physician
- Prescribed internal herbal medications during the course of the program
- Wholesome meals (breakfast, lunch, and dinner) based on a customized Ayurvedic diet plan
- Round-trip transfers from Cochin (COK) airport or railway station
- One Ayurvedic cooking session during the stay
- One Yoga Nidra session during the stay
- Complimentary Wi-Fi access
- 50% savings on laundry services

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