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Rockholm at the Light House Beach

Psoriasis – 14N

The Psoriasis Treatment Programme at Rockholm at the Light House Beach, Kovalam, Kerala, focuses on supporting skin health through a personalised Ayurvedic approach. The programme may include traditional Ayurvedic therapies, herbal preparations, medicated oil applications, dietary guidance, yoga and meditation, depending on the individual's skin condition and the physician's assessment. The treatment aims to help manage symptoms such as itching, dryness, redness and irritation while promoting relaxation and overall well-being. The treatment plan and duration are determined according to individual needs. Psoriasis is a chronic skin condition, and Ayurvedic care should complement appropriate dermatological treatment rather than replace it.

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**** Please note - Rates are subject to adjustment based on prevailing market exchange rates at the time of invoicing**

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Rockholm at the Light House Beach

Psoriasis – 14N

Cost:

Single – Euro 2066

Double – Euro 3668

Package inclusion:

- **Accommodation in the Deluxe Ocean View**
- **Full board Ayurveda Vegetarian Meals.**
- **01 Ayurveda session daily with 2-3 treatments (around 1 hour 45 minutes on daily basis per pax). On arrival day your appointment is scheduled with the doctor and based on the discussions about your health conditions, the doctor will decide the treatment schedule for the stay.**
- **Daily 02 Yoga Sessions – Meditation session & Wellness or Progressive session.**
- **Diet Consultation- Our Diet Doctor will prescribe your diet based on your treatment program.**
- **Free WiFi in rooms and public areas.**
- **Trivandrum International Airport Pick Up and Drop.**
- **5% GST include**

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