Nattika Beach Resort

Psoriasis – 14N

The Psoriasis Treatment Programme at Nattika Beach Ayurveda Resort, Kerala, focuses on supporting skin health through a personalised Ayurvedic approach. Based on the individual's skin condition and the Ayurvedic physician's assessment, the programme may include traditional Ayurvedic therapies, prescribed herbal preparations, medicated oil applications, dietary guidance and yoga. The treatment aims to help manage symptoms such as itching, dryness, redness and skin irritation while promoting overall well-being. The therapies and duration are tailored to individual needs following a medical assessment. Psoriasis is a chronic skin condition, and Ayurvedic care should complement appropriate dermatological treatment rather than replace it.

Bookmyveda.com

**** Please note - Rates are subject to adjustment based on prevailing market exchange rates at the time of invoicing**

Nattika Beach Resort

Psoriasis – 14N

Cost:

Single – Euro 2633

Double – Euro 4204

Package Includes:

- **Accommodation in Deluxe Twin AC villa**
- **Ayurveda vegetarian meals**
- **Daily consultations with doctors One 1-hour 45-minute**
- **Ayurveda treatment session per day (comprising 2-3 types of treatments)**
- **Yoga sessions guided by experienced yoga masters**
- **Engage in our daily activities.**
- **Access to all our resort facilities such as Swimming Pool, Tennis Court and guided tours of the premises.**
- **Airport transfers from cochin Airport**
- **5% GST include**

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