Manaltheeram Ayurveda Beach Village

Psoriasis – 14N

The Psoriasis Treatment Programme at Manaltheeram Ayurveda Beach Village, Kovalam, Kerala, focuses on supporting skin health through traditional Ayurvedic therapies and personalised care. Depending on the individual's condition and the Ayurvedic physician's assessment, the programme may include prescribed herbal preparations, medicated oil applications, external therapies, dietary guidance and yoga. The treatment approach aims to help manage symptoms such as itching, dryness, redness and skin irritation while promoting overall well-being. The therapies and duration are tailored to individual needs following a medical assessment. As psoriasis is a chronic skin condition, Ayurvedic care should complement appropriate dermatological treatment rather than replace it.

Bookmyveda.com

**** Please note - Rates are subject to adjustment based on prevailing market exchange rates at the time of invoicing**

Manaltheeram Ayurveda Beach Village

Psoriasis – 14N

Cost:

Single – Euro 2499

Double – Euro 4189

Package Inclusion:

- **Accommodation in Standard Room A/C**
- **Ayurveda treatments**
- **Full-board Ayurvedic vegetarian meals**
- **Yoga session**
- **Meditation session**
- **Ayurvedic Diet**
- **Daily Examination**
- **Doctor's Consultation**
- **Airport transfers (Thiruvananthapuram)**
- **Day Trips**
- **5% GST include**

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