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Kalari Kovilakom

Psoriasis – 14N

The Psoriasis Care Programme at Kalari Kovilakom, Kerala, follows a traditional Ayurvedic approach that emphasises individualised treatment, dietary discipline and lifestyle balance. After a detailed consultation, the Ayurvedic physician may recommend selected therapies, herbal preparations and dietary practices based on the individual's skin condition and overall health. The programme focuses on supporting skin comfort, managing irritation and promoting general well-being through a structured healing routine. Treatment methods and duration are determined according to individual requirements. As psoriasis is a chronic inflammatory skin condition, Ayurvedic care should complement appropriate dermatological treatment and medical supervision.

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**** Please note - Rates are subject to adjustment based on prevailing market exchange rates at the time of invoicing**

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Kalari Kovilakom

Psoriasis – 14N

Cost:

Single – Euro 8389

Double – Euro 14175

Package Inclusions:

- **Accommodation in Kalari Suites**
- **All Ayurveda treatments including**
- **Cost of Doctors' consultations**
- **Therapeutic massages**
- **Steam treatments**
- **All herbal medicines administered at the hospital for external use and internal consumption**
- **Prescribed diet**
- **Yoga consultation**
- **Yoga Sessions**
- **Meditation sessions**
- **Garments provided for use at the hospital,**
- **Pick-up and drop from the Coimbatore or Cochin airports**
- **5% GST include**

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