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Kalari Rasayana

Psoriasis – 14N

The Psoriasis Care Programme at Kalari Rasayana, Kerala, takes a holistic approach to skin health by focusing on individual constitution, dietary habits and overall well-being. Under the guidance of an Ayurvedic physician, the programme may incorporate personalised herbal therapies, prescribed Ayurvedic medicines, external applications and dietary adjustments suited to the individual's needs. The approach aims to support skin comfort, manage irritation and encourage healthier daily routines. Treatment recommendations and duration depend on a medical assessment. Since psoriasis is a chronic inflammatory skin condition, Ayurvedic care should be used alongside appropriate dermatological treatment.

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**** Please note - Rates are subject to adjustment based on prevailing market exchange rates at the time of invoicing**

Kalari Rasayana

Psoriasis – 14N

Cost:

Single – Euro 8846

Double – Euro 10437

Package inclusion:

- **All charges include the cost of Doctors' consultations**
- **Accommodation in Rasayana Suites**
- **All Ayurveda treatments including**
- **Therapeutic massages**
- **Steam treatments**
- **All herbal medicines administered at the hospital for external use and internal consumption**
- **Prescribed diet**
- **Yoga consultation**
- **Yoga and meditation sessions**
- **Garments provided for use at the hospital**
- **Airport pick-up and drop Trivandrum Airport**
- **5% GST include**

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