CGH – Swaswara

Psoriasis – 14N

The Psoriasis Care Programme at CGH Earth – SwaSwara, Gokarna, Karnataka, can be approached through a holistic wellness routine that emphasises mindful living, balanced nutrition, yoga, meditation and stress management. These supportive practices may help promote relaxation and overall well-being for individuals living with psoriasis. Any Ayurvedic therapies or herbal preparations should be recommended only after an appropriate medical assessment. The programme should not be presented as a specialised psoriasis treatment without confirmation from the resort. As psoriasis is a chronic inflammatory skin condition, guests should continue appropriate dermatological care alongside any complementary wellness practices.

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**** Please note - Rates are subject to adjustment based on prevailing market exchange rates at the time of invoicing**

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CGH – Swaswara

Psoriasis – 14N

Cost:

Single – Euro 5295

Double – Euro 8249

Package Inclusion:

- **Consultations**
- **Accommodation**
- **Treatments**
- **Massages**
- **Oils**
- **Herbs**
- **Yoga**
- **meditation**
- **meals during your stay.**
- **The price includes pick up and drop from Goa's Dabolim Airport and Mopha Airport.**
- **5% GST include**

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