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Ayursoma Ayurveda Royal Retreat

Psoriasis- 21N

Psoriasis treatment at AyurSoma Ayurveda Royal Retreat, Kerala, may involve a personalised Ayurvedic approach focused on managing skin symptoms, supporting skin health and improving overall well-being. The programme begins with a doctor's consultation to assess the severity of the condition, skin symptoms and individual health needs. Depending on the assessment, treatment may include prescribed Ayurvedic medicines, external herbal applications, selected oil therapies and Panchakarma procedures when appropriate. A suitable Ayurvedic diet, yoga and relaxation practices may also be included to support the treatment plan. AyurSoma emphasises individualised care, doctor monitoring, diet and lifestyle guidance as part of its Ayurvedic approach.

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**** Please note - Rates are subject to adjustment based on prevailing market exchange rates at the time of invoicing**

Ayursoma Ayurveda Royal Retreat

Psoriasis- 21N

Cost:

Single - Euro 7497

Double - Euro 11135

Package Includes:

- **Accommodation in hill view palace deluxe room**
- **Daily Ayurvedic treatments**
- **Full-board Ayurvedic vegetarian meals**
- **Initial, daily, and final consultation with the doctor**
- **Complimentary medicines during the treatment period**
- **Individualized Ayurvedic diet menu based on the guest's health and treatment needs**
- **Daily Yoga sessions**
- **Airport transfer from Thiruvananthapuram International Airport**
- **German, Italian, French, and Russian language interpreters available on request**
- **Half-day backwater tour by traditional country boat**
- **5% GST include**

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