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Ayursoma Ayurveda Royal Retreat

Psoriasis -14N

The Psoriasis Treatment Programme at Ayursoma Ayurveda Royal Retreat, Kovalam, Kerala, focuses on supporting skin health through personalised Ayurvedic care. Following a detailed consultation, the Ayurvedic physician may recommend suitable traditional therapies, herbal preparations, dietary adjustments and lifestyle practices based on the individual's skin condition and overall health. The treatment approach aims to help manage symptoms such as itching, dryness, redness and irritation while promoting overall well-being. The specific therapies and duration depend on the physician's assessment. As psoriasis is a chronic inflammatory skin condition, Ayurvedic care should complement appropriate dermatological treatment rather than replace it.

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**** Please note - Rates are subject to adjustment based on prevailing market exchange rates at the time of invoicing**

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Ayursoma Ayurveda Royal Retreat

Psoriasis -14N

Cost:

Single – Euro 4042

Double – Euro 6394

Package Inclusion:

- **Accommodation in hill view palace deluxe room**
- **Daily Ayurvedic treatments**
- **Full-board Ayurvedic vegetarian meals**
- **Initial, daily, and final consultation with the doctor**
- **Complimentary medicines during the treatment period**
- **Individualized Ayurvedic diet menu based on the guest's health and treatment needs**
- **Daily Yoga sessions**
- **Airport transfer from Thiruvananthapuram International Airport**
- **German, Italian, French, and Russian language interpreters available on request**
- **Half-day backwater tour by traditional country boat**
- **5% GST include**

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